

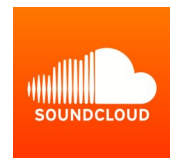


# CAMBRIDGE SAFETY



## NEBOSH HEALTH & SAFETY QUALIFICATIONS

## OPEN LEARNING PACKAGES



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## OPEN LEARNING

### WHO?

Cambridge Safety was established in Peterborough in 1998 primarily to provide assistance to organisations in meeting their legal obligations with respect to health & safety. Through this work it has become apparent that, not only do organisations need competent technical assistance, but also need to give employees at all levels the skills to work safely and to manage health & safety effectively. Cambridge Safety provides a wide range of cost effective training solutions with this aim in mind.

We appreciate that work and personal circumstances do not always allow those wishing to develop new skills to attend a fully tutored course. As such we have developed a range of e-learning and distance learning options to enable directed study towards a range of Nebosh qualifications. Study can be started at any time, with a variety of examination dates available each year.

Numerous studies have shown that a health & safety management system supported by competent employees can provide an organisation with significant cost savings. Avoiding accidents, reducing insurance claims and premiums plus improving morale are some of the many ways that an effective safety management system can positively affect an organisation.

Study may commence at any time and you have the flexibility of choosing when to sit your examinations. However please note that to enter for any Nebosh exam or assessment, exam registration must be made approximately 6 weeks before the examination date, for example if the exam date is the 10th of June, candidates must register with their examination centre by the 28th of April. Details of the exam dates and registration dates are provided once you have booked on, or if you have a specific exam date in mind please contact us to confirm when you will need to be registered. Exams for certificate level qualifications are available at least four times a year but there are only two H&S and Environmental diploma exam sittings a year, one in January (February 2022 due to COVID) and the other in July.

To assist you during your study we will contact you if you have not made contact with us regarding your study for a period of 6 months to see if we can assist with your study plans.

Please note whatever your method of study the examinations can only be taken via a Learner Provider such as ourselves. All Open Book Exams must be registered through the Learner Partner the delegate studied with, unless the Learner Partner has ceased trading.



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# OPEN LEARNING

## WHAT OPTIONS ARE AVAILABLE FOR CERTIFICATE LEVEL QUALIFICATIONS?

### E-Learning

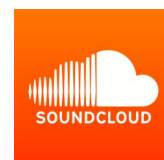
E-learning is a style of distance learning. The coursework is provided via our e-learning website, which is split into the different modules of the course. E-learning is a more interactive style of studying as you will progress through a series of slides with exercises, video clips and sample handouts, however you still get the opportunity to complete written course work and receive feedback from tutors. You will need to download and print the course handouts to ensure you have all the detail you need to tackle your end assessment. If you are better studying visually you can watch our comprehensive package of Youtube videos or if you prefer to listen we have a series of podcasts available via SoundCloud. E-learning website access and tutor support is for one year. Please see our E-Learning brochure for more details.

### Distance Learning

Where students are able to study on their own at their own pace but with some tutor led support the distance learning provides this option. Although the package is comprehensive this method of learning is designed for the most self motivated of students. The package for each course contains comprehensive handouts covering the full range of the syllabus and includes practical examples and exercises to support the theoretical study required. In addition to the main handouts an additional key point summary of the entire syllabus is included highlighting the essential learning points for each element to support students' study and revision. Guidance on the completion of any work based assessments, which must be completed as part of the qualification is also provided. In addition packages are supplemented by the provision of end of element reviews which can be completed and sent in for marking and feedback. Additionally there is tutor support by telephone and email. Your tutor support is provided for one year, commencing on receipt of the distance learning package.

This package includes:

- Comprehensive handouts based on each Nebosh syllabus unit and element
- Key points summary - This gives an overview of the essential learning for each element in an overview format
- Important definitions and abbreviations
- Example useful forms and documents
- Comprehensive library of video presentations via You Tube
- Guidance on examination techniques or the completion of your relevant assessment
- Guidance on the work based assessment which forms part of your chosen qualification
- End of element tutor marked assessments - send these in for marking and feedback.
- Additional online resources including downloadable podcasts on all key topics within the syllabus, these can also be streamed to your phone or tablet
- Support by email and telephone for a period of 12 months from booking



### Revision

We have included a revision package if you book your exam(s) within your tutor support period (or you can purchase this package if your support has expired) which includes a mock assessment, key terms, true or false quiz, answer schemes, video presentations and the opportunity to send in your work for marking and feedback.



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# NEBOSH HEALTH AND SAFETY QUALIFICATIONS

## Nebosh General Certificate in Occupational Safety and Health



The General Certificate is designed to help non health & safety specialists meet their health and safety obligations - many H&S practitioners start with this course before progressing to the more intensive and detailed Diploma for health and safety professionals. This qualification consists of eleven course elements, four covering the management of health and safety and seven covering specific workplace hazards and risks. The four management elements are assessed by one brand new open book examination and the more practical hazards and risks are assessed via a comprehensive workplace risk assessment. The NG1 is the name given to the management of health and safety and the open book exam. The NG2 is the name given to the assessment undertaken covering a range of workplace hazards. Both exam and risk assessment have to be passed in a five year period to achieve the qualification. We recommend allowing approximately 100 hours of study time.

National examination dates are available every two months.

### NG1 Management of H&S

- Why companies should manage health and safety
- Health & safety management systems—how they work and what they look like
- Managing risk—understanding people and processes
- Health and safety - monitoring & measuring

### Open Book Exam

This is accessed online at home, with 24 hours access, you are given a case study with exam questions.

### NG2 Controlling Workplace Hazards

- Physical & psychological health
- Musculoskeletal health
- Chemical & biological agents
- General workplace issues including confined spaces, slips & trips and working at height
- Work Equipment
- Fire
- Electricity

### Practical Application

The NG2 is assessed via the completion of a detailed workplace based risk assessment. This demonstrates the practical application of the theoretical knowledge gained through studying the eleven elements of the course but specifically the hazard and risk elements.

Candidates are required to find a suitable workplace venue for their NG2 risk assessment. Guidance on the format of the risk assessment and submission deadlines will be provided as part of our package.

Open book exam dates will be set by Nebosh, contact us once you start studying for available dates. Exam entry dates are normally 6 weeks prior to the exam date.



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# NEBOSH HEALTH AND SAFETY QUALIFICATIONS

## Nebosh Health and Safety For Construction Certificate



### New for 2021

This qualification is aimed at Supervisors, Managers and all those involved in the construction industry who are required to ensure that activities under their control are undertaken safely. It is also likely to prove useful for those concerned with the management of buildings who may need to ensure that contractors are working safely. In addition this qualification is also appropriate for supervisors and managers working in other industries and work functions such as facilities and estates management.

The first three elements of the course cover Health and Safety Management specific to the Construction Design and Management (CDM) Regulations 2015, and the following ten elements cover construction specific hazards and control measures.

- Foundations of Construction H&S and Management
- Improving H&S culture and assessing risk
- Managing change and procedures
- Excavation
- Demolition
- Mobile plant and vehicles
- Working at Height
- Musculoskeletal health and load handling
- Work equipment
- Electricity
- Fire
- Chemicals and biological agents
- Physical and psychological health

This course is particularly important as it can be used to demonstrate competence as required by the Construction, Design and Management Regulations 2015. It can assist in demonstrating competence to undertake the role of the Principle Designer but it is also useful for those undertaking the role of Client, Principle Contractor, Contractor or Designer.

The course is assessed via one open book examination (NC1) online at home, 48 hours access, and it is expected that delegates will use 2 full days to complete the exam. The exam is based on a realistic case study with a number of tasks to be completed including a risk assessment of some of activities contained within the case study provided.

Exams are available every three months.

Not sure about the new Open Book Exam Format?

No need to worry watch our video presentation to give you an insight into what to expect.

The YouTube logo, consisting of the word 'You' in black and 'Tube' in white on a red rounded rectangle background.

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# NEBOSH HEALTH AND SAFETY QUALIFICATIONS

## Nebosh Fire Safety Certificate

### New Syllabus Launched March 2021



The NEBOSH Fire Safety Certificate is designed for people who have fire safety responsibilities at work. It provides the knowledge and understanding, when combined with relevant experience, to carry out an effective fire risk assessment, as well as embed good practice in the workplace.

Holders of this accredited qualification help their organisation to ensure it meets its fire safety responsibilities. It leads to a safer environment for employees and visitors to premises and an improved fire safety culture for employers and building managers.

Fire safety is important. It protects people from injury and loss of life. It protects your property, your assets and your investment. People with the NEBOSH Fire Safety Certificate know how to help their employers avoid the damaging and sometimes catastrophic losses that result from fire.

The fire certificate is assessed by an Open Book Exam (FSC1), accessed online at home with 24 hours access, this will be a case study with exam questions, and the FSC2 which is a work based practical fire risk assessment. Exams are held every three months.

This qualification meets academic requirements for Technical Membership (TechIOSH) of IOSH and Associate Membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM) It enables you to apply for Technician Membership of the Institute of Fire Prevention Officers (IFPO) and it also meets the academic requirements for Associate Membership (AMIFPO). Persons with the relevant skills and experience may also apply to join the IFPO Fire Risk Assessors Register. This qualification is aimed at those responsible for fire safety in the workplace, including those involved in establishing fire policies and procedures and completing fire risk assessments.

#### Course Elements:

- Managing fire safety
- Principles of fire and explosion
- Fuel, oxygen and ignition sources and control measures
- Fire protection in buildings
- Safety of people in the event of fire
- Fire safety risk assessment

A comprehensive revision and review package can be undertaken with answers available via our videos accessible via Youtube



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# NEBOSH NATIONAL DIPLOMA FOR HEALTH AND SAFETY PROFESSIONALS

## New Syllabus 2021



The Diploma has been designed to provide knowledge and understanding to aid the development of competency in the field of occupational safety and health. It covers a core of common knowledge which is essential to any safety professional whatever industry they work in. Due to the indepth knowledge required for a diploma we offer this as a distance learning package only with all handouts provided in hard copy. These are supplemented by an extensive online portal where handouts, additional resources, self marked assessments, tutor marked assessments, podcasts and Youtube videos can be accessed.

The course is structured around three units:-

**Unit ND1: Know – workplace health and safety principles (UK)**

**Unit ND2: Do – controlling workplace health issues (UK)**

**Unit ND3: Do – controlling workplace safety issues (UK)**

As well as tackling the extensive syllabus and standards set by Nebosh, the course will also give assistance and practical guidance on assessment preparation.

This qualification is designed for health and safety practitioners, advisers and officers who wish to develop their knowledge and skills. Its is recommended that delegates have either completed the Nebosh Certificate or a similar level three H&S qualification to be eligible for this programme.

By enrolling on a diploma study programme it is expected that delegates have the underpinning knowledge of an NVQ level three qualification such as the Nebosh certificate.

Comprehensive course materials include four handout manuals, two for ND1 and one each for Units ND2 & ND3 respectively. These are fully indexed and cover the entire scope of each element of the course, starting with the element's learning objectives. Our handouts are reviewed every six months to ensure they are current and cover the full range of issues within the syllabus can reflect best practice.

### Resources provided

- Indexed handouts for each course learning outcome in hard copy and electronically
- Key H&S abbreviations
- H&S Definitions and key terms
- H&S useful forms e.g. general risk assessment, COSHH assessment, accident investigation, PTW examples.
- Podcasts streamable via Soundcloud or downloadable to your electronic device.
- Over 100 full presentations available via Youtube
- Bi monthly SafetyNet newsletter showing recent case law, prosecutions and articles on health, safety and environmental issues.
- Library of reference documents to enable further research

### Student Assessments

A number of self marked assessments and tutor marked assessments (TMA) are provided for each course Unit, TMA by email, via our web site, fax or by post. Support is available week days via telephone, email and online queries, with feedback and marking for completed course work provided within 4 days of submission.



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# NEBOSH NATIONAL DIPLOMA FOR HEALTH AND SAFETY PROFESSIONALS



On completion of the course, delegates will be able to:

- Understand how health and safety legislation is applied in a workplace and the possible enforcement actions that could be taken for non-compliance and how they contribute to health and safety legislation.
- Use different types of health and safety leadership approaches and be able to influence health and safety issues at all levels.
- Influence organisational health and safety workplace culture.
- Proactively manage health and safety, taking account of human failures and factors.
- Manage health and safety competence (both their own and that of the organisation).
- Use a range of hazard identification, risk management and loss causation techniques.
- Monitor health and safety performance.
- Develop their role as a health and safety professional including understanding how it links with Corporate Social Responsibility. Effectively manage organisational change. Manage contractors and supply chains
- Control a range of workplace health and well-being issues.
- Control a range of workplace safety issues.

## Assessments

**Each unit is assessed by an open book assessment accessed online, taken over several weeks:**

**ND1** Assignment - workplace-based tasks together with simulations and reflective statements and a research topic, 6 weeks to complete and submit, released every March and September

**ND2** Scenario-based case study, 4 weeks to complete and submit, released every May and November

**ND3** Scenario-based case study, 4 weeks to complete and submit, released every January and July

The course package includes all the study and review material to ensure you have a good understanding of each qualification before the assessment is undertaken, however for a diploma level qualification delegates are expected to undertake some research outside of the course resources provided.

Over 100 full presentations  
available to support your  
study

The YouTube logo, consisting of the word 'You' in black and 'Tube' in white on a red rounded rectangle background.



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# NEBOSH ENVIRONMENTAL QUALIFICATIONS

## Nebosh Diploma in Environmental Management



This is one of the few professional courses available in environmental management, it is aimed primarily at safety practitioners, who either have responsibility for environmental management or those whose role interlinks with that of the environmental manager. Holders of this qualification may use the designatory letters EnvDipNEBOSH after their name. In addition holders of the Chartered Institute of Waste and Environmental Management. Due to the nature and detail of study needed this programme is only available via distance learning with hard copies of the extensive course handouts provided.

The main course elements are:-

- Principles of environmental risk management
- Environmental risk evaluation
- Control strategies for environmental risks
- Monitoring, review and audit
- Environmental legislative framework and methods of enforcement
- Public access to environmental information
- Developments in environmental legislation
- Civil Liability
- Solid and liquid wastes
- Gaseous and particulate releases to atmosphere
- Water pollution, Noise and nuisance, Hazardous substances, Energy Use
- Development and land use

The qualification is assessed by a three hour written examination (held every January (February 2022 due to COVID) and July) and a work based environmental audit, submissions are available four times a year.

Assessment is via one 3 hour examination where delegate have a choice of 5 from 8 questions, and a work based project which is based on the production of an environmental audit. Tutorial support is provided for the end of course examination and the work based assignment (NDEM2).

Your extensive package contains :

- Comprehensive handouts based on the current Nebosh syllabus element by element
  - Video presentations accessed via You Tube
  - Downloadable and streamable podcasts on all key topics within the syllabus
  - Key points summary - This gives an overview of the essential learning for each element in an overview format
  - Important definitions and abbreviations
  - Guidance on examination techniques
  - Guidance on the NDEM2 the practical work based assessment for the qualification
  - Self marked assignments
  - Tutor marked assessments
  - Online resources Provision of a comprehensive end of study review for completion once you have studied all course elements
  - Support by email and telephone for a period of 24 months from booking
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# NEBOSH ENVIRONMENTAL DIPLOMA

## Nebosh Environmental Management Certificate



A new syllabus has been launched in June 2021. Environmental standards are developing rapidly in the UK with more and more regulations covering issues such as waste management, energy efficiency and pollution control. Managing environmental issues is not only a legal necessity but can result in definite improvements and cost savings if implemented successfully. More and more organisations are seeing the benefits and this course is designed to provide the theory and practical skills to assist the organisation in meeting these new and changing demands.

This qualification covers 9 elements concluding with an Open Book Exam accessed online at home and a work based environmental aspect and impact assessment - available every 3 months.

The programme covers the control measures for major types of environmental risk. It incorporates the main elements of sustainability for environmental protection and general principles for the management of environmental risk, including:

- Foundations in environmental management
- Environmental management systems
- Assessing Environmental aspects and impacts
- Control of water contamination
- Control of emissions to air
- Control of waste and land use
- Sources and use of energy and energy efficiency
- Control of environmental noise
- Planning for and dealing with environmental emergencies

The qualification is now international—with UK law referred to but not covered in the examination or assessment.

The structure and course elements have been updated and completely revised and there is a brand new format for the practical project as well.



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## ADDITIONAL INFORMATION

### Venue

Written invigilated examinations are held in our own training centre in Hampton, Peterborough. Car parking is available on-site plus we have access to a further secure car park nearby.

### VAT

Nebosh examination fees are not eligible for VAT.

### Terms and Conditions

It is a condition of booking that the course fee is payable in advance. An invoice will be raised as required. Payments may be made via cheque, bank transfer, card payment or BACS. On receipt of payment the distance learning package will be dispatched to you or access to your elearning package provided. We will also provide details of forthcoming examination dates.

When study commences, or your log into the ELearning portal no refunds are available. We only supply packages to UK residents and prices include UK postage only.

Bookings (but not payment) can be made directly through our web site at [www.cambridgesafety.co.uk](http://www.cambridgesafety.co.uk). Nebosh fees can be payable with the package or when the candidate actually enters for their Nebosh end assessments. Confirmation of any examination dates available will be provided with the joining pack. Examinations must be booked and paid for at least 6 weeks prior to examination date.

All course material is provided for personal use and must not be copied or stored electronically in any way without the permission of the Partners of Cambridge Safety LLP. Log in details are provided for the named delegate only and must not be shared. Support for certificate packages is available for a period of 12 months after the package is ordered and payment is received. Support for our diploma packages is for a three year period.

Those qualifications with invigilated written examinations are taken at our centre in Peterborough. It is a Nebosh requirement that all Open Book Exams must be registered with the Learning Partner the delegate has studied with.

Once you have purchased the distance learning package or ELearning package details of available examination dates will be provided.

If you require a replacement course material folder a fee of £50.00 + vat per folder will need to be paid prior to the folder being sent.

All distance learning and Elearning learning packages are supplied to the named individual who makes the booking and cannot be transferred to anyone else. The prices quoted for the examination sitting and revision packages are for those candidates who have purchased a distance learning package.

All prices are correct at the time of publication but may be changed at any time.

Your personal data will be stored by Cambridge Safety LLP and will not be divulged to any other organisations. If you wish to have your details removed from our database please contact us in writing at any time. Please see our website for our full personal data policy.

Photo ID must be provided for those undertaking Nebosh examinations or assessments.



## CHARGES

Nebosh Qualification	Elearning	Distance Learning	Revision packages	Nebosh exam & marking fees
General Certificate	£475+ vat (£570)	£425 + vat (£510.00)	NG1 £60 + vat (£72)	NG1 and NG2 *£150 + £95 + vat (£264.00)
H&S for Construction Certificate	£475+ vat (£570)	£425 + vat (£510.00)	NC1 £60 + vat (£72.00)	NC1 *£150 + £75 + vat (£240)
Fire Safety Certificate	£475+ vat (£570)	£425 + Vat (£510)	FSC1 £60 + vat (£72.00)	FSC1 and FSC2 *£150 + £95 + vat (£264.00)
Environmental Management Certificate	£475 + vat (£570)	£425 + vat (£450.00)	EC1 £60 + vat (£72.00)	EC1 and EC2 *£75 + £105 + vat (£201.00)
H&S National Diploma Distance Learning	Full qualification distance learning package including enrolment and assessment fees <b>£2550.00</b> (£1750 + VAT + £450 exam fees)			
	Per Unit <b>£60 Nebosh enrolment fee</b> to be added to first unit booked + <b>ND1 £1270.00</b> (£900 + vat + £130 exam fee) <b>ND2 £790.00</b> (£550 + vat + £130 exam fee) <b>ND3 £790.00</b> (£550 + vat + £130 exam fee)			
Environmental Diploma Distance Learning	Distance Learning <b>£1125 all inc</b> £775 + vat + £195 Nebosh fees)			
	Distance Learning - Optional Revision Package <b>£120.00</b> (£100 + vat)			



## Booking Form

Please complete the following details and return to Cambridge Safety or book online via [www.cambridgesafety.co.uk](http://www.cambridgesafety.co.uk).

**Qualification Title:** General H&S Certificate/ Fire Safety Certificate / H&S for Construction Certificate / Environmental Management Certificate

### Distance Learning only

Diploma for H&S professionals / Environmental Diploma

Package Required (*Circle all those which apply*):

E-learning

Distance Learning

Exam sitting

Title: \_\_\_\_\_

First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Job Title: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_

Name \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**OR BOOK ONLINE AT [WWW.CAMBRIDGESAFETY.CO.UK](http://WWW.CAMBRIDGESAFETY.CO.UK)**

**Cambridge Safety,  
10 Swan Court, Forder Way,  
Cygnet Park, Hampton, Peterborough,  
Cambs. PE7 8GX**

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Email: [info@cambridgesafety.co.uk](mailto:info@cambridgesafety.co.uk)  
[www.cambridgesafety.co.uk](http://www.cambridgesafety.co.uk)**

