

GENERAL CERTIFICATE

This intensive yet informative course is run over **nine days plus two assessment days**. Our course covers the eleven elements within this **brand new syllabus**, four covering health and safety management and seven covering a wide range of typical workplace hazards. As well as one open book examination, students will need to complete a workplace based risk assessment. This is to demonstrate their knowledge and understanding of the workplace hazards and risks within a typical workplace.

The course is highly participative with tutor presentations supported by the use of practical exercises, syndicate and group work, video and feedback sessions. The course is run on a day release basis to suit the needs of both student and employer. This approach has led to our **pass rates** consistently exceeding the national average and we expect this to continue with this new updated syllabus.

Health & Safety (H&S) legislation is developed into the practical aspects which need to be tackled in the workplace, whether it be a shop, factory, hospital or any other type of work area.

This is a intensive training programme which covers a wide variety of subjects. Delegates are expected to complete private study, revision questions and exercises outside the tutorials.

As well as tackling the extensive syllabus and standards set by Nebosh, the course will also give assistance and practical guidance on the end assessments. Full guidance on the completion of the NG2 which requires the delegate to complete a workplace inspection in their own workplace and develop this into a risk assessment. This part of the qualification is to ensure delegates not only have sufficient knowledge of the key hazards but are able to make appropriate recommendations on how any associated risks can be reduced and accidents prevented.

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Who is the course designed for?

The general certificate is designed to help non H&S specialists meet their health and safety obligations, although many H&S practitioners start here before progressing to the more intensive and detailed NEBOSH Diploma.

Management of H&S

- Why companies should manage health and safety
- Health & safety management systems—how they work and what they look like
- Managing risk—understanding people and processes
- Health and safety - monitoring & measuring

Controlling Workplace Hazards

- Physical & psychological health
- Musculoskeletal health
- Chemical & biological agents
- General workplace issues
- Work Equipment
- Fire & Electricity

Tutors

Our tutors are all practising health and safety professionals, who have over 25 years experience developing, presenting and examining on the NEBOSH Certificate. They are able to use their practical hands on experience to support their excellent presentational skills, aiming to make the course both informative & interactive.

All the material you need to achieve this qualification is provided, well as the tutorials and a fully indexed set of handouts, students are provided with additional online resources and podcasts which can be downloaded or streamed.

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Outline Programme

The course programme begins with the legal background to H&S, with both common and statute law explored. From here the concepts of accidents, hazard, risk and risk assessment are examined, giving delegates an opportunity to complete a range of different risk assessments which may be relevant to their workplace.

The management of health and safety is covered via sessions on training, communication and H&S management systems. A wide range of common hazards such as noise, fire, electricity, mechanical lifting, manual handling, stress and confined spaces are then explored in detail.

The course includes revision & review to ensure that delegates get the opportunity to practice and check their knowledge before taking their end assessments.

**Course Dates - 9 Days per course
+ 1 assessment day & 1 private study day
for the completion of NG2 ***

2025 Course Dates
Jan 9,16,23,30, Feb 6,7,13,20, 21*, 27 March (5 Open Book Exam)
April 3, 10, 17, May 1,7,8,15,22*,29 June 5, (11 Open Book Exam)
Sept 4,11,18,25, Oct 2,9,16,23, 24*, 30, Nov (5 Open Book Exam)
Oct 7,14,21,28 Nov 4,11,18,25,26* Dec 2, (10 Open Book Exam)
* Private Study Day NG2

Venues

All courses are run in our training centre in Hampton, Peterborough which is easily accessed from the A1 & A47

Public Transport

The train station is less than 10 minutes away via taxi and there is a regular local "Citi 6" bus service.

Course fees

£1600 + VAT plus £184 NEBOSH fee per delegate – a 10% discount is offered if a second delegate is booked on the same course & start date from the same company. Special rates may also be available for registered **charities** and **self funding delegates**, call for more details.

The course fees include tutorials, handouts, revision, all assessment and marking fees, comprehensive course notes, buffet lunch and refreshments each day.

Bookings

It is a condition of booking that the fee is payable in advance. A cheque or order requisition should be sent with the course booking form. An invoice will be raised as required. Full joining instructions will be sent to delegates approximately 2 weeks before the course commences.

Cancellations

Cancellations must be made in writing and are subject to the following charges: £50 admin fee per booking; plus if 8 - 28 days notice are given 50% of the course fees and any exam fees pre-paid to Nebosh; No refunds will be made within 1 week of the course start date but you may send a substitute delegate provided their application can be accepted by the tutor and there is still time to register with NEBOSH for the examination. Once a course has started no refunds or substitutions are possible.

Delegate Participation

The nature of our courses relies on the input of all participants, a level of tolerance and understanding of others and their work so we ask that you are thoughtful and respectful of the other delegates. Any issues discussed by delegates relating to their organisations should remain confidential to course attendees unless permission is given by the individual participant. We retain the right to refuse a place and to exclude from a course any delegate who, in the opinion of the CSP management, behaves in an abusive or disruptive manner or engages in any discriminatory conduct. No refund will be given if exclusion is made for these reasons.

Personal Data

Your personal data will be stored by Cambridge Safety and will not be divulged to any other organisations. If you wish to have your details removed from our database at any time, please contact us in writing. Course photos and images taken may be used for advertising or social media. Please see our website for our full personal data policy.

The course programme is correct at the time of going to print but may be altered or cancelled due to circumstances beyond our control. Course photos and images taken may be used for advertising or social media.

NEBOSH General Certificate Booking Form

Please complete the following details and send to the address below with your payment or official order.

Course Start Date _____

Delegate Details

Title _____ First Name _____

Surname _____

Job Title _____

Organisation _____

Address _____

Town _____

Postcode _____ Tel: _____

email _____

Please Tick - Cheque enclosed I require an invoice

Name of Contact _____

Signature _____

Date _____

Jan 25

CONTACT DETAILS

**Cambridge Safety, 10 Swan Court, Forder
Way, Cygnet Park, Hampton,
Peterborough, PE7 8GX
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email info@cambridgesafety.co.uk
Book online via
www.cambridgesafety.co.uk
Vat No. 763 5800 21**



CAMBRIDGE SAFETY

HEALTH & SAFETY TRAINING COURSES



NEBOSH National General Certificate in Occupational Safety & Health

Day Release Courses